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The relationship between spiritual intelligence, gendaruality and happiness among students of Islamic Azad University, District 13

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Abstract

The main objective of this study was to investigate the relationship between spiritual intelligence and gendar and happiness among students of Islamic Azad University is 13. This research has purpose and the method of research is descriptive correlational study. The population of this study included all Islamic Azad University is 13. Due to the limited and specific population size, so 384 is selected as the sample size. And random cluster sampling was used to collect information. To analyze the data, descriptive and inferential statistics measures the Pearson correlation coefficient was used. The data collected through questionnaires were analyzed using spss software. The results of the research showed that the spiritual intelligence, gender, education and happiness, and at the end of a significant relationship to the results, recommendations are also provided.

Keywords: Spiritual Intelligence, Happiness, Education, Age

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Introduction

one of challenging issues on the psychology of the past is the concept of intelligence. Some theorists believe that intelligence is only a label for it lacks a true essence of what intelligence tests measure. Walters and Gardner believe that intelligence is a set of capabilities that enable a person to solve problems and solutions in a special culture of the place. Including intelligence, spiritual intelligence represents a different set of skills and abilities that each of the different forms appear in a social and historical context. The international focus on the spiritual dimension of human life by psychologists around the world producing something as spiritual intelligence Spiritual intelligence combines elements of spirituality intelligence (Babalhvayjy et al., 1390). According to many theories of excitement, happiness, surprise is one of the six great excitement, fear, anger, happiness, disgust, and concern. Eysenck (1945) considered happiness as stable extroversion, noting that when positive emotions were considered in happiness, happiness and good socialization and interaction easy and enjoyable to be linked with others. Some researchers, such as Stiles have suggested that if happiness can be considered as stable when three criteria, consistency between the position and have the internal causality It also depends on the frequency and degree of positive emotions of happiness or pleasure, high levels of satisfaction with life, and the absence of negative emotions such as depression and anxiety are known (H. Tribe, and Zare, 1388, 62). The aim of this study was to investigate the relationship between spiritual intelligence and gendar and happiness among students of Islamic Azad University is 13.

Problem statement

The importance of spirituality and spiritual growth in humans, in recent decades it has become increasingly attracted the attention of psychologists and mental health professionals have. Development psychology dynamic and complex nature of modern societies on the one hand and on the other hand, has led to demands and needs of human spiritual and material needs stand more important. So that the World Health Organization definition of human existence, the physical, mental, social and spiritual point and fourth dimension, the spiritual dimension in human growth and development are essential. Despite increasing emphasis on the spiritual dimension of human growth Scientists have still not provided a single definition that encompasses the entirety of spirituality. Won (1993) spirituality as human constant efforts to respond to the whys of life are defined. Spirituality is an inner need some experts to ensure the highest levels of growth in the areas of cognitive, moral, emotional, personal and always tried to respond to the whys of human life. The most obvious advantage of Creativity and curiosity for reasons related, survival and life and thus grow and evolve, form an important part of spirituality (James, 1392). The students are a significant number of people in the university issues sometimes become acute and students in various aspects of life, including happiness they affect the answer (Reynolds and Miller, 2003; Peterson, 2000). Happiness is one of the basic concepts and components of a student visa are one of many disciplines, including branches of psychology, trying to understand and facilitate the life of people. Happiness has three main components: the positive emotions, life satisfaction, lack of emotion, such as depression and anxiety Myers Diner (1995) also believe that happiness has a component of emotional, social and cognitive. One is always the emotional component that makes people happy and be happy. Social component to the development of social relations with others and increase social support.

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Cognitive and cause people to form their own thinking and processing information and so interpretation of everyday events that have followed his optimism. Positive relations with others, purpose of life, personal growth, love others and nature of the components of happiness is the (work, 2004). Happiness positive effects on academic achievement and the desire to make lifestyle and behavior that are associated with academic success increases. This explanation has its roots in the many studies that have expressed happiness attractive activities and generating leads. Some studies have reported that people with high mental energy and happiness are more and more likely to do selfless acts. Happiness as a positive emotion can facilitate interpersonal relationships and self-sacrifice, altruism and skills to promote dialogue and positive consequences of wide knowledge, social activity and health. Happiness also leads to a kind of thinking that enables people to solve problems with creativity and innovation. Fdryksvn (2001) believes that positive emotions such as happiness, the organism prepare for future challenges. In his view, positive emotion people experience from time to their advantage, so the risk of unexpected and unforeseen and uncertain losses are safe and cannot achieve the goals that have yet to follow (Alipur et al., 1389). One of the main ways to determine the mean and standard psychology mental health and mental illness is mental illness most important public health problems are the most spacious. More than half of the physical discomfort of patients who come to the doctor, at the discretion of Medical authorities mental origin. So the presence of mental health problems among students can make to society as a result of numerous problems it may undermine morality and social responsibility of universities, which are also long-term damage to the individual and society will. Considering the problems that most college students are depressed, we want to improve our students' happiness with spiritual intelligence so the main problem of this study is: Does the spiritual intelligence and gendar and happiness among students of Islamic Azad University, District 13 is there?

The importance of and need for research

a new study by neuroscientists suggests that some brain activity associated with spiritual experiences. One of the parts of the brain, the temporal lobe and the temporal laptop neurologists God called this part of the region because of its artificial stimulation like to meet with God's spiritual, religious dialogue, devotion, dedication, philanthropy, etc. Display appears (Haji & Associates, 1391). Happiness as a positive concept to stay healthy is vital. Happiness positive emotions overcome the negative and focus on the emotional life situations defined. Happiness has three basic components that are positive emotions, life satisfaction and the absence of negative emotions, positive relations with others, purpose of life, personal growth and happiness of other components are to love others. In a study done Myers paid to the fact that people are happy, they feel more secure, easier to decide, with higher participation and satisfaction in life it is. Happiness positive effects and effectiveness for different people including the effect of increasing the power of thinking and improve the quality of communication. The increased sense of altruism and to help others Happiness people is more successful in their jobs. Your tasks done better and more problem solving They have a happy mood when doing everyday activities, positive thinking to the forefront of its activities, and has the power to remedy most problems when dealing with small and big life. In other words, when happiness appears that your man has a sense of satisfaction than their surroundings (Immediate race et al., 1392). The material presented in happiness and spiritual intelligence

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is very important issue for us. And spiritual mood can exhibit behaviors that identify the relationship between the logic of happiness and spiritual intelligence among students of Islamic Azad University area 13 can prevent many problems in the educational environment. The importance of this issue to achieve the ideals of the organization is quite evident to us that addressing this issue is more important than ever for our show.

Background research

Zamırınezhad and colleagues in 2013 as "anticipates happiness of students on the basis of spiritual intelligence" carried out. The results showed that the correlation between spiritual intelligence and happiness of 505/0 was found to be statistically significant. The happiness and spiritual intelligence and control variables in predicting the effects of gender, age, location and average using stepwise multiple regression was concluded that only the spiritual intelligence and gender variables significantly predict happiness score respectively. The two dimensions of critical thought and personal sense of spiritual intelligence as a significant predictor of their happiness. So it follows that the spiritual intelligence and gender can predict an individual's happiness. Since that spiritual intelligence is a set of capabilities, can enhance the students' skills in raising their happiness provided (Zamırınezhad et al., 2013).

Yaghubi in 2010 in a study titled "The Relationship between Bu Ali Sina University in Hamedan spiritual intelligence happiness" came to the conclusion that between the different groups of students, there is a significant difference. This means that with increasing spiritual intelligence score, the score also increased happiness (Yaghubi, 2010).

Alipur and colleagues in 2010 as "the relationship between coping tactics and happiness of students" did the results of a positive correlation between happiness and coping strategies significant showed emotion. Multiple regression analysis showed that by taking subscale of the two types of coping strategies, strategies to avoid the escape of 43 / -0, positive reappraisal, 33/0, 12/0 problem solving, self-11 / -0 and accountability 10/0 in order to predict happiness (Alipur et al., 2010).

Danesh in 2010 entitled "Comparison of happiness and physical and mental health of married and unmarried college students" carried out. Results showed that the level of happiness and level of physical and mental health than married students single students. Somatic symptoms, anxiety and sleep disorders, depression and social dysfunction than married students single students. The difference in happiness levels and the overall level of physical and mental health and its components according to gendar and age in single students is not significant. Since marriage is an important role in general health and happiness of youth, it is necessary for policy makers to facilitate the marriage performed society (danesh, 2010).

Neshatdoust and colleagues in 2009 in a study titled "Determining factors in happiness staff Mobarakeh Steel" came to the conclusion that happiness of employees with life satisfaction, optimism, satisfaction of the family, happiness, wife, sport, job satisfaction, partying and party on, faith in God, art activities, study, travel, psychological problems and a history of physical disease has a significant relationship. The results of stepwise regression showed that the variables life satisfaction, amount of exercise per week, the

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amount of optimism in life, happy wife and a history of neurological disease among employees, a total of 54 percent of their happiness significantly explain (Neshatdoust et al., 2009).

Brozo in 2012 in a study titled "Relationship between critical thinking and social dimensions of happiness and self-esteem of the students", made in 1391. The results show that the highest average in the variables of social self-esteem and the lowest was related to development. There was a significant correlation between a positive and significant correlation was observed only between growth and happiness. The development of critical thinking and its dimensions to be able to predict social happiness and self-esteem were also able to predict. Critical thinking can play a key role in happiness and self-esteem, social students (brozo, 2012).

Hajiyan and et al in 2012 as "the relationship between intellectual intelligence and emotional intelligence" came to the conclusion that spiritual intelligence is more likely to cause more emotional intelligence and spiritual intelligence reinforcing emotional intelligence is located. The estimated regression analysis showed that there is a spiritual intelligence, emotional intelligence and communication in various aspects of intellectual intelligence and emotional intelligence was found and there was a significant correlation between them (Hajiyan et al, 2012).

Raghibi and Gharechahi in a study titled "The relationship between emotional intelligence and spiritual intelligence in women and Mordant divorcing and consistent" to the conclusion that between the individual components of emotional intelligence and counter-pressure on couples about there is a significant negative correlation divorce. According to the results, it can be said that emotional intelligence and spiritual intelligence is better compatible couples and those who divorce their lives may lead to emotional awareness, self-expression, self-esteem and self-actualization and less independence and tolerance problems and stress in their life is less than (Raghibi and Gharechahi, 2013).

Yazdani et al. (2013), a study entitled "Effect of adjustment of organizational commitment on the relationship between employees' perceptions of workplace spirituality and spiritual intelligence in Esfahan steel company" did. Results showed those employees' perceptions of workplace spirituality and spiritual intelligence; there is a significant positive relationship. The moderating effect of organizational commitment on this issue was approved (Yazdani et al., 2013).
Results of Public Health America has also shown to be significantly better off married than single people with mental health and greater happiness in life experience, as well as a smaller percentage of them with physical and mental illness (Stuck Ashlmn, 2009)

Research Purposes

• assess the relationship between spiritual intelligence and happiness of the Islamic Azad University, District 13
• assess the relationship between gender and happiness among students of Islamic Azad University, District 13
• evaluate the relationship between age and happiness in the students of Islamic Azad University, District 13

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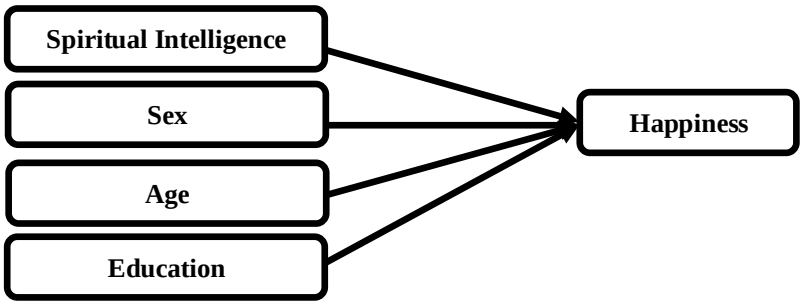
• assess the relationship between education and happiness of the Islamic Azad University, District 13
• assess the relationship between happiness and spiritual intelligence among students of Islamic Azad University, District 13
• assess the relationship between happiness and gender among students of Islamic Azad University, District 13
• assess the relationship between happiness and age of the students in Islamic Azad University 13
• assess the relationship between happiness and education among students of Islamic Azad University, District 13

Hypothesis

According to the objectives set for this research study hypothesis can be stated as follows:
1. between spiritual intelligence and happiness among students of Islamic Azad University area 13 there.
2. Between Gender and happiness among students of Islamic Azad University area 13 there.
3. between age and happiness in the students of Islamic Azad University area 13 there.
4. between the education and welfare of the students in Islamic Azad University 13 there.
5. The dimensions of happiness and spiritual intelligence among students of Islamic Azad University area 13 there.
6. Happiness and gender dimensions of the Islamic Azad University, District 13 there
7. Happiness and age of the Islamic Azad University, District 13 there.
8. The dimensions of happiness and education among students of Islamic Azad University area 13 there.

Theoretical framework

the opinions expressed within the framework of the research. This network is based, logical, descriptive and developed, including the relationships between variables seeking process such as interviews, observation, and literature review have been identified. The theoretical framework of relationships between variables on the basis of these relationships are nurtured by Knd.nzryh that well describes the nature and direction of these relationships. hman as literature review formed the basis of the theoretical framework, a good theoretical framework in place rational basis for developing his theory provides testable (happiness Dizaji, 1390, p. 8).



Conceptual model (1)

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Methodology and population

this research has purpose and the method of research is descriptive correlational study. Because in addition to describing the current situation to test the hypothesis in terms of relationships based on projections using Pearson correlation coefficient and t-test results are used. And since the Islamic Azad University 13 placed functional The population of the survey includes all Islamic Azad University is 13. The R 384 is selected as the sample size. And cluster sampling was used to collect information. To collect the data, spiritual intelligence, Jacob (1389) and for happiness using the OHI revised Argyle (2001 quoting the job, 2004) was used. Data collected using spss software in both descriptive and inferential statistics were analyzed. The descriptive statistics data using mean and standard deviation and inferential statistics were analyzed using Pearson's correlation coefficient was.

Gender

67.2 percent of respondents were male and 32.8 percent of them women

Table (1) describes gender

	Abundance	Percent	Percent reliability	The cumulative percentage
Man	258	67.2	67.2	67.2
Female	126	32.8	32.8	100.0
Sum	384	100.0	100.0	

Age

15.9 percent of respondents age 20 years and 19.8 percent of respondents between 30-20 years of age and 59.4 percent of respondents between 30-40 years of old and 1.6 percent of respondents between 40-50 years of old and 3.4 percent of respondents over 50 years of aged.

Table (2) described age

	Abundance	Percent	Percent reliability	The cumulative percentage
Under 20	61	15.9	15.9	15.9
20-30	76	19.8	19.8	35.7
30-40	228	59.4	59.4	95.1
40-50	6	1.6	1.6	96.6
Upper 50	13	3.4	3.4	100.0
Sam	384	100.0	100.0	

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Educational level the changing

Table (3) Distribution of respondents according to education

	Abundance	Percent	Percent reliability	The cumulative percentage
Associate Degree	70	18.2	18.2	18.2
Bachelor's Degree	246	64.1	64.1	82.3
Graduate	68	17.7	17.7	100.0
Sam	384	100.0	100.0	

Among respondents mentioned education associate degree 18/2 percent, respondents with a bachelor's degree 64/1 percent, and graduate students are 17.7 percent.

Described spiritual intelligence variable

As shown in Table 4 can be seen, the highest score and lowest score of 1 to 5 between spiritual intelligence and 3/62 times the mean and standard deviation of this variable is 0/80895.

Table (4) describes the changing spiritual intelligence

	Number	The fewest	The most	Average	Standard deviation	Variance	Coefficient of skewness	
	Statistics	Statistics	Statistics	Statistics	Statistics	Statistics	Statistics	SE
Spiritual intelligence	384	1.00	5.00	3.6182	.80895	.654	-.652	.125
	384							

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Variable describing happiness

Table (5) describes the variables of happiness

	Number	The fewest	The most	Average	Standard deviation	Variance	Coefficient of skewness	
	Statistics	Statistics	Statistics	Statistics	Statistics	Statistics	Statistics	Statistics
Happiness	384 384	.00	87.00	61.6850	25.92936	672.332	-.976	.122

As shown in Table 5 can be seen, the highest score and lowest score of 0 to 87 for variable happiness and mean and standard deviation of this variable is equal 61/6850 to 25/92936.

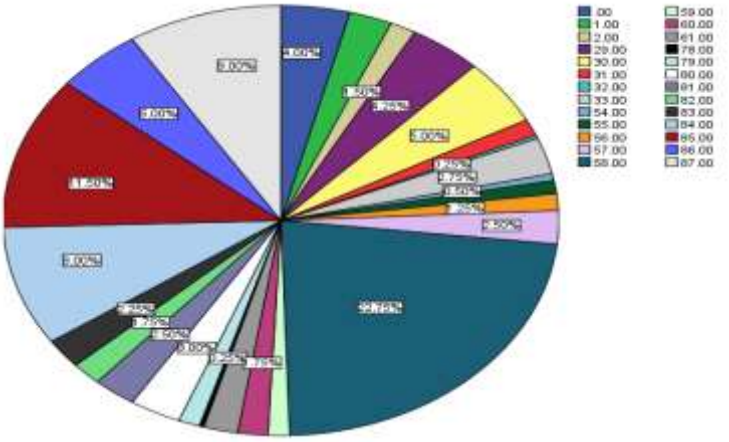


Chart 1 shows the description of variable happiness

First hypothesis: the spiritual intelligence and happiness among students of Islamic Azad University area 13 there.

There is not a relationship between spiritual intelligence and happiness.

There is a relationship between spiritual intelligence and happiness.

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Table (6) the results of the correlation between spiritual intelligence and happiness

		Spiritual intelligence	Happiness
Spiritual intelligence	Pearson Correlation Coefficient	1	.334
	The significance level		.005
	Number	384	384
Happiness	Pearson Correlation Coefficient	.334	1
	The significance level	.005	
	Number	384	384

According to the table (6) observed that the sig = / 005< / 05 is. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that correlation between spiritual intelligence and happiness +33/4 percent, which implies a direct relationship between these two variables. So we can say that the spiritual intelligence and happiness among students of Islamic Azad University area 13 there.

The second hypothesis: between gendar and happiness among students of Islamic Azad University area 13 there.

There is not a relationship between gendar and happiness.

There is a relationship between gendar and happiness.

Table (7) the results of the correlation between gendar and happiness

		Happiness	Gendar
Happiness	Pearson Correlation Coefficient	1	.412
	The significance level		.000
	Number	384	384
Gendar	Pearson Correlation Coefficient	.412	1
	The significance level	.000	
	Number	384	384

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According to Table (7) shows that the sig = / 000< / 05 is. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that correlation between gendar and happiness+41/2 percent which implies a direct relationship between these two variables. So we can say that between gendar and happiness among students of Islamic Azad University area 13 there.

The third hypothesis: between age and happiness in the students of Islamic Azad University area 13 there.

There is not a relation between age and happiness.

There is a relation between age and happiness.

Table (8) the results of the correlation between age and happiness

		Happiness	Age
Happiness	Pearson Correlation Coefficient	1	.154**
	The significance level		.001
	Number	384	384
Age	Pearson Correlation Coefficient	.154**	1
	The significance level	.001	
	Number	384	384

According to Table (8) shows that the sig = / 001< / 05 is. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that correlation between age and happiness +15/4 percent, which is a direct relationship between the two variables. So we can say that between age and happiness in the students of Islamic Azad University area 13 there.

The fourth hypothesis: the education and happiness of the students in Islamic Azad University 13 there.

There is not a relationship between education and happiness.

There is a relationship between education and happiness.

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Table (9) the results of the correlation between education and happiness

		Happiness	Education
Happiness	Pearson Correlation Coefficient	1	.248**
	The significance level		.000
	Number	384	384
Education	Pearson Correlation Coefficient	.248**	1
	The significance level	.000	
	Number	384	384

According to Table (9) shows that the sig = / 000< / 05 is. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that the intensity of the correlation between education and happiness +24/8 percent, which is a direct relationship between the two variables. So we can say that the education and welfare of the students in Islamic Azad University 13 there.

Fifth hypothesis: the dimensions of happiness and spiritual intelligence among students of Islamic Azad University area 13 there.

There is not a relationship between the dimensions of happiness and spiritual intelligence.

There is a relationship between the dimensions of happiness and spiritual intelligence.

Table (10) the results of the correlation between happiness and spiritual intelligence

		Emotional	Social	Cognitive
Spiritual intelligence	Pearson Correlation Coefficient	.595**	.423**	.510**
	The significance level	.000	.000	.000
	Number	384	384	384

According to the table (10) observed that the sig = / 000< / 05 for all three dimensions is happiness. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that the intensity of correlation between cognitive and spiritual intelligence (51 percent), social and spiritual intelligence (42/3 percent) and emotional and spiritual intelligence between the two variables at a rate of 59/5 percent is. Which is a direct relationship between the dimensions of happiness and spiritual intelligence. So we can say that the dimensions of happiness and spiritual intelligence among students of Islamic Azad University area 13 there.

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Sixth hypothesis: the dimensions of happiness and gendar among students of Islamic Azad University area 13 there.

There is not relationship between the dimensions of happiness and gendar.

There is relationship between the dimensions of happiness and gendar.

Table (11) the results of the correlation between the dimensions of happiness and gendar

		Emotional	Social	Cognitive
gendar	Pearson Correlation Coefficient	.532**	.559**	.503**
	The significance level	.000	.000	.000
	Number	384	384	384

According to Table (11) shows that the sig = / 000< / 05 for all three dimensions is happiness. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that the intensity of correlation between cognitive and Gendar (50/3 percent), social and gender (55/9 percent) and between two variables at a rate of 53/2 percent is emotional and gendar. which shows a direct correlation between the dimensions of happiness and gendar. So we can say that the dimensions of happiness and gendar among students of Islamic Azad University area 13 there.

Seventh hypothesis: between the dimensions of happiness and age of the Islamic Azad University, District 13 here.

There is not relationship between the dimensions of happiness and age.

There is relationship between the dimensions of happiness and age.

Table (12) the results of the correlation between the dimensions happiness and age

		The dimensions happiness	Age
The dimensions happiness	Pearson Correlation Coefficient	1	.164**
	The significance level		.001
	Number	384	384
Age	Pearson Correlation Coefficient	.164**	1
	The significance level	.001	
	Number	384	384

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		The dimensions happiness	Age
The dimensions happiness	Pearson Correlation Coefficient	1	.164**
	The significance level		.001
	Number	384	384
Age	Pearson Correlation Coefficient	.164**	1
	The significance level	.001	
	Number	384	384

According to the table (12) observed that the sig = / 001< / 05 is. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that correlation between age and happiness of +16/4 percent, which implies a direct relationship between these two variables. So we can say that between age and the dimensions of happiness in the students of Islamic Azad University area 13 there.

Eighth hypothesis: the dimensions of happiness and education among students of Islamic Azad University area 13 there.

There is not relationship between the dimensions of happiness and education.

There is relationship between the dimensions of happiness and education.

Table (13) the results of the correlation between the dimensions of happiness and education.

		Tthe dimensions of happiness	Education
The dimensions of happiness	Pearson Correlation Coefficient	1	.338**
	The significance level		.000
	Number	384	384
Education	Pearson Correlation Coefficient	.338**	1

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	The significance level	.000	
	Number	384	384

According to the table (13) observed that the sig = / 000< / 05 is. For this reason, with 95 percent H0 is rejected and H1 hypothesis has been confirmed and this relationship is significant. According to this table, we can say that the intensity of the correlation between education and the dimensions of happiness of +37/6 percent, which is a direct relationship between the two variables. So we can say that the education and welfare of the students in Islamic Azad University 13 there.

Conclusion and Recommendations

The results of research show that there is a significant relationship between students' spiritual intelligence and happiness. Students 'Happiness is one of the most important factors influencing students' personal and social life, so happiness is effective in improving mental and physical health and a sense of security and satisfaction in life and participation is higher. On the other hand, we can say that each individual pattern for happiness that makes things interpreted that help to maintain and enhance the joy of life and the meaning of the individual to be feel valued do community.

Happy people tend to see themselves and others positive and positive interpretation of events occurred that would be conducive to good citizenship behaviors among students in the social environment have favorable effects on relations. The importance of spirituality and spiritual growth in humans in a few decades it has become increasingly attracted the attention of many psychologists have. On the other hand, can be raised spiritual intelligence which has spiritual intelligence can be a lot of positive things to doThe spiritual intelligence is what we believe and the facts are as we understand the role of beliefs, norms, beliefs and values in activities that have taken over the show. So in the end, it can be concluded that the results of the survey conducted in 1389 with results that are consistent Jacobite. Their research concluded that between the different groups of students, there is a sense that with the increase of spiritual intelligence, the happiness scores also increased. In another study in 1389 concluded that the level of happiness and level of physical and mental health than married students single students. Somatic symptoms, anxiety and sleep disorders, depression and social dysfunction than married students single students. The difference in happiness levels and the overall level of physical and mental health and its components according to gender and age in single students is not significant. Since marriage is an important role in general health and happiness of youth, it is necessary to facilitate the policy people take marriage. While the joy of friendship and cooperation as well as a number of factors were considered factors in happiness and happiness staff concluded that life satisfaction, optimism, satisfaction of the family, happiness, wife, sport, job satisfaction, partying and partying now, faith in God, art activities, study, travel, psychological problems and a history of physical disease has a significant relationship. Stepwise regression analysis showed that five variables life satisfaction, the amount of weekly exercise,

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the optimism in life, happy wife and a history of neurological disease among employees, a total of 54 percent of their happiness significantly explains. B. whereas in 1391 concluded that the highest average in the variables of social self-esteem and the lowest was related to development. There was a significant correlation between a positive and significant correlation was observed only between growth and happiness. The development of critical thinking and its dimensions to be able to predict social happiness and self-esteem were also able to predict. Critical thinking can play a key role in happiness and social self-esteem of students. The following suggestions can be put forward that include:

• According to the results of the data analysis is proposed to explain the spiritual intelligence and understanding of the value and meaning of life at additional cost as well as university authorities with intelligence and spiritual intelligence with an emphasis on the problems people are students at the University and in private life help.

• It is recommended to university authorities and students of psychological analysis of what led to the happiness of people on campus to identify and cheerful atmosphere in order to provide the training lodge efforts.

• individuals according to their gender appropriate behavior and, in the case of the creation of issues remain unaware of this.
• University officials recommended that students take courses in order to discover the values held by students to students feel their value.

• For students who try to do good and to design their right perspective.

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