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The causes and motivates of people who commit suicide (Hospitalized in the section of poisoned people in the Hospital of Imam Reza (AS) of Mashhad)

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Abstract

Suicide is the result of psychological pain that its origin is unmet and psychological needs. The person wants to kill this pain somehow and he would be obliged to suicide. Among important origins that society is able to lead it to development and promotion, are human resources and investment in this field can be a guarantee of a dynamic social life. But whereas social problems such as suicide, divorce, unemployment, addiction, etc. can be a serious threat to human resources, especially young people, hence the underlying factors of social problems should be known. The purpose of this paper is the causes and motivates of people who commit suicide (hospitalized in the section of poisoned people in the Hospital of Imam Reza (AS) of Mashhad). This research has done by using case study method (clinical). Statistical society includes all people of males and females 15-30 years age who were transferred to the Hospital of Imam Reza (AS) of Mashhad because of poisoning and intention of harming themselves, and statistical sample is selected among them. Tools of data collection are MMPI personality test and GHQ general health test and CAQ anxiety test. Considering done studies in this research, it can be resulted that the factors such as age, gender, marriage situation, desultory of family and mentioned factors in the research from the person can be effective in suicide attempts. It should be noted that some cases were more severe and some case were less severe. The most outbreaks include high school group and the ones who had diploma, but still educational level doesn't show a meaningful relationship with the rate of suicide attempts.

Keywords: suicide, intoxication, factors and causes of suicide, motivations of suicide.

Introduction

Although suicidal thoughts and behavior may occur in the background of depression disorders, but the majority of children and adolescents that think about suicide or attempts to suicide or kill themselves successfully are in the midst of substantial depression. Most of the adolescents and young people who have depression disorder, do not show suicidal behavior. So it is unclear that favorable treatments of depression generally cause reducing the risk of suicidal thoughts and actions in this age group or not.

However, growth issues effect on manifestation of all symptoms. For instant, the sad little kids who divulge suicidal thoughts repeatedly, generally are not able to design a real plan for suicide or convert their thoughts to action. The morality of children is vulnerable against social stressors such as chronic family conflict, neglected misconduct and educational failures.

Man is dependent on others from the moment of birth to the time of death and needs support to survive physically, psychologically and economically. One of the attributes of human being is their social life and living in a group form. Milanifar says in his crisis hypothesis: crises of life that are various and widespread disrupt the psychological and physical balance of humans and mostly this imbalance is mid emotional and behavioral disorders. Among stresses, emotional stresses are more pernicious than other types and always a close relationship was existed between stressors and suicide and murder.

Suicide is defined with fatal end that has started intentionally and is done by the person who is aware of or who expect its fatal end (Golder, Mehyou, Kawnon 2003-379). Durkim devides suicide into four categories. 1- the high-handedly suicide that occurs when the person feels a weak relationship between him/herself and society. 2- the altruistic suicide that the individual sacrifice him/herself for the community. 3- suicide due to social anomaly that arises from the lack of social order. 4- suicide of fatalisms that the individual looses his/her hope to life and captivates his/herself to the destiny that this kind of suicide is not clearly expressed in the writings of Durkim. Considering studies in the past life of the individuals that have done this action, causes of suicide is divided into 3 categories: 1- biological reasons such as inadequate physical health especially in long-term and in chronic mode that include malignant tumors of neurological disorders and reduce of activation of mental serotonin (Kaplan and Sadok 1994). 2- psychological causes that illustrates that a large number of individuals who die due to suicide, have a psychological disease in the time of death that includes disorders among depression disorders that depressed individuals who suicide are more depressed, older and mostly single, divorced or widow up to 15%. 3- ½ to 2/3 of the individuals who suicide have personality disorder.

According to current statistics, suicide is the third leading cause of death among 15 to 24 years olds after accidents and murder. And suicide attempts in theses groups have reported between 1 to 2 million annually. According to static of global health organization in 1998, 20% to 40% of people are dead in the age of 15 to 34 due to murder or suicide in many of countries and also suicide attempts in women is four times more than men (Milanifar, 2003, 31). Depression is one of the most important and most common symptoms of suicide, and about 10 percent of people are suffering from this disease. Kaplan mentions to this point in the summary of psychiatry that it seems most of the suicides are due to this feeling of the depressed individual that life is unbearable in a way that death is the only escape way of the heavy pain of life, irremediable illness, financial problems and other discomforts (Ghorbani 2004, 146).

One of the other factors that are affective in the issue of suicide, is social changes that can not be prevented due to their fast happening. Social changes cause gender and social inequality reduction between male and female. Reduction in inequality and reduction in support can cause increase of the conceivability of committing suicide by exchanging gender-based samples of behavior, economy and society (Mohammadpour 2002, 65).

Family is the first place for social relationships of a child (Venderzendan 2001, 148). Human civilization arose out of family and has been the source of many changes (Ghorbani 2004). Incompatibility of parents has grave consequences on the fate of children including emotional vacuum and it also has an important effect on children's educational drop (Akbari 2001, quoted from a contrivance 2003, 67).

Sexual abuse, unwanted pregnancy and putting pressure on women for forced childbirths lead to women's death and some of the women resort to suicide or prostitution for escaping fromthis situation (Banch 2003). Without a doubt, violation is the worst injustice that a women faces to (Hayaz 2003).

Another social anomaly is divorce and divorce is one of the most important factors of disintegration of structural of the most basic part of the society, family (Sotoueh 2001, 206).

Unemployment and underemployment are considered as the main causes of misery and poverty of communities (Ghorbani 2003, 147). Somebody believes that decline in revenue and weakness of economic base of the society lead to increasing juvenile crimes and commitment to crime generally, prostitution, psychological distresses, familial incompatibilities and suicide (Farjad 2006, 239). Another issue that plays an important role in the field of suicide is identity crisis. The search for identity is crucial because of various reasons (Venderzen 2001, 239). The issue of identity, specially its crisis in youth is closely related to cultural and social conditions (Shamlou 1997, 146). Gylavand and his colleague James declare in the research that they have done in 1988, that although old people contains 10 percent of America, but 25 percent of all suicides happens among people who are over 65 years old (Ardebili 2000, 147).

Addiction is one of the main psychological-social traumas among young people of our society. This disorder has an adverse impact and generally results in physical injury, psychological traumas and social collapse (Ghorbani 2004, 152).

Including items that show the background of suicide is poverty and poverty has a widespread concept and is in economical, social, cultural, etc. form. The main reason of poverty is economical factors and if economical factors get balanced, the domain of poverty can be prevented (Sheikhi 2003, 60).

Hence, in this article it has tried to investigate the effect of different factors from poverty and addiction and educational situation to identity crisis and familial irregularity on individuals who commit suicide, to clear the portion of these factors in the befall of suicide phenomenon and also to see the proper social reactions in this regard.

This research is a clinical research that its information is expressed in descriptive terms. Statistical society of this research includes all the men and women 15-30 years of age who had been transferred to the part of poisoned people in the Hospital of Imam Reza of Mashhad due to poisoning and intention of damaging themselves. Instruments used in this research are: interview, verified test, MMPI TERST (SHORT FORM), general health test that has 28 questions and includes 4 subscales, CAQ anxiety test that 5 scores are related to 5 aspects of personality that play role in causing anxiety.

One of the reasons that made this research necessary is that suicide is very important because of its irreparable damages, even if it is an accidently and seldom phenomenon. And it is considered as a loss for society (Taghavi 2004, 76).

Edwin Ashnaydman says in his book named suicidal mind:

Suicidal persons are deceived with a thought of that they can escape from misery and suffering and reach peace and comfort by suicide. But the man should admit that he/she has no way for continuing his/her life but undergoing difficulties of life (2003, 180).

The description of the situation of the individuals who commit suicide is propounded in the tables in the components of age and sex situation, marital status, relationship between identity crisis, method of suicide, attempted suicide persons' job status, order of birth, educational status, the status of fidelity to religious issues, the situation of the effect of friends' and relatives' suicide on the individual's suicide (imitation), the situation of disputes and inappropriate relationships of parents with each other, the situation of family break down, the situation between individual's suicide and existence of stepfather and stepmother, the situation between economical status of family and suicide, the situation between the number of family members and suicide, the situation between street friendships and the impact of some film and books on suicide and also the history of suicide attempt.

The findings and conclusions of research

The table related to age and sex status, marital status, r elationship between identity crisis, method of suicide, attempted suicide individuals' job status.

Sum total		female		male		sex	
percent	**count**	**percent**	**count**	**percent**	**count**	**age**	
42.85	9	38.09	8	4.76	1	15-18	**Age and sex**
3.33	7	9.52	2	23.8	5	19-22	
14.3	3	4.76	1	9.52	2	22-26	
9.5	2	0	0	9.52	2	27-30	
100	21	52.4	11	47.6	10	Sum total	
33.33	7	19.04	4	14.3	3	married	**Marital status**
75.14	12	28.6	6	28.6	6	single	
4.76	1	0	0	4.8	1	divorced	
0	20	47.44	10	47.6	10	Sum total	
28.57	6	9.09	1	50	5	practitioner	**Job status**
42.58	9	54.54	6	30	3	unemployed	
28.6	6	36.4	4	20	2	student	
100	21	100	11	100	10	Sum total	
90.47	19	47.61	10	42.85	9	have	**Identity crisis**
9.5	2	4.76	1	4.76	1	Do not have	
					Sum total of all the persons is 21.		
80.95	17	81.81	9	80	8	pill	**Method of suicide**
1904	4	18.18	2	20	2	poison	
100	21	100	11	100	10	sum	

- The most statistic of suicide is between 19-22 years old men and 15-18 years old women.
- The most statistic is among single women and men.
- Attempted suicide individuals' status is among practitioner men and unemployed women.
- Statistic of suicideallocated the most rate to itself, among the people who had identity crisis.
- The most common method of suicide is the method of suicide with pill.

analysis	percent	count	status	
The most rate of suicide happens among third children of families	9.52	2	First child	**statusof Birth order**
	19.04	4	Second child	
	33.33	7	Third child	
	28.57	6	Fourth child and after that	
	9.52	2	undetermined	
	100	21	Sum total	
In terms of educational status most of the suicide attempters were in the level of middle school and high school	19.04	4	Illiterate and primary school	**Educational status**
	47.6	10	Middle school and high school level	
	19.04	4	Diploma and academic educations	
	14.3	3	undetermined	
	100	21	Sum total	
The people who were medium in adherence to faith matters have allocated the most suicide statistics to themselves.	33.33	7	High and very high	**Adherence to faith matters**
	47.6	10	Medium	
	19.04	4	Low and very low	
	100	21	Sum total	
According to the findings imitation was effectless in the phenomenon of suicide.	33.33	7	Had a positive impact	**imitation**
	66.7	14	Didn't have impact	
	100	21	Sum total	
This phenomenon mostly has occurred	28.57	6	Good and very good	**Disputes and inappropriate**

in the families that parents' disputes were in a normal level in them				**relations**
	42.85	9	Normal	
	28.57	6	Bad and very bad	
	100	21	Sum total	
Family disintegration didn't have any important effect on this phenomenon.	9.52	2	Death of the father	**Family disintegration**
	4.76	1	Death of the father	
	4.76	1	Parents' divorce	
	4.76	1	Parents' remarriage	
	4.76	1	Polygamy of the father	
	71.42	15	None	
	100	21	Sum total	
The existence of stepfather and stepmother was effectless on suicide	4.76	1	have	**Stepfather and stepmother**
	95.23	20	Doesn't have	
	100	21	Sum total	
The suicide rate is more among people that their family income is average.	9.52	2	High and very high	**Amount of family income**
	61.9	13	Medium	
	28.57	6	Low and very low	
	100	21	Sum total	
The suicide has allocated the most statistics to itself among families with a population of between 6 to 8.	9.52	2	Less than 6 persons	**Members of the paternal family**
	61.9	13	6 to 8 persons	

	23.8	5	9 to 11 persons	
	4.76	1	12 to 14 persons	
	100	21	Sum total	

Analysis	percent	number	Status	
The impact of street friendships was very high among suicide attempters.	71.42	15	Is effective	**Street friendships**
	28.57	6	Is not effective	
	100	21	Sum total	
The highest number of suicide attempts was related to the people who didn't have plans for their leisure and were at home.	23.8	5	Being with friends and out of home	**Spending the leisure**
	14.28	3	Alone out of home	
	47.61	10	Lack of schedule for leisure	
	14.28	3	Spending the leisure with family	**leisure**
	100	21	Sum total	
The highest score of mental disorder level of suicide attempters in MMPI test on the scale of sociopathy	76.19	16	Hypochondriasis	**MMPI test**
	23.8	5	Severe depression	
	33.33	7	Mild depression	
	19.04	4	Hysteria	
	90.47	19	Sociopathy	
	76.19	16	Behavioral disorders	
	14.28	3	Paranoia	
	71.42	15	Obsession	
	71.42	15	Schizophrenics	
	85.71	18	Mania	
In GHQ test, the highest score on the subscale of anxiety and sleep disorder and in CAQ test the highest score on the subscale of neurotic anxiety are seen.	85.71	18	Physical fatigue	**GHQ test**
	95.23	20	Anxiety and sleep disorders	

	85.71	18	Inability in social function	
	90.47	19	depression	
	9.52	2	Natural anxiety	**CAQ test**
	28.57	6	Moderate anxiety	
	19.04	4	Severe anxiety	
	42.85	9	Super severe anxiety	
	100	21	Sum total	
According to the findings the level of impact of some films and books on suicide has reported low and very low and also the most rate of suicide was among people that didn't have suicide attempt experience.	9.5	2	Much and very much	**Film and book**
	19.04	4	medium	
	66.7	14	Low and very low	
	4.8	1	ever	
	100	21	Sum total	
	57.14	12	Doesn't have	**Attempt background**
	19.04	4	One time	
	14.3	3	Two times	
	9.5	2	Three times and more	
	100	21	Sum total	

Suicide attempters' parents' educational status				
Mother's educational status		**Father's educational status**		**status**
percent	**number**	**percent**	**number**	
76.19	16	52.4	11	**Illiterate and in the level of reading and writing**
19.04	4	33.33	7	**Cycle and diploma**
0	0	9.52	2	**Bachelor's degree and higher**
4.76	1	4.76	1	**Without response**
100	21	100	21	**Sum total**
The most rate of suicide was in families that parents are in the level of illiterate or reading and writing				

The relationship between inappropriate actions of parents against children's behaviors and children's fear and anxiety of inciting these actions from parents and person's suicide.				
The fear of parent now		**The fear of parents in childhood**		**options**
percent	**number**	**percent**	**number**	
19.04	4	57.14	12	**High and very high**
14.28	3	12.28	3	**medium**
33.33	7	9.52	2	**Low and very low**
33.33	7	19.04	4	**none**
100	21	100	21	**Sum total**
According to the findings among suicide attempters, the rate of fear of parents has been reported high and very high in childhood and low and very low now				

nobody	**friends**	**spouse**	**sister**	**brother**	**mother**	**father**	**Your fellow**
6	7	1	2	1	1	3	**number**
28.57	33.33	4.76	9.52	4.76	4.76	14.28	**percent**
According to the findings, friends were the most important fellow to them and among suicide attempters and include the highest frequency.							

The impact of parents' addiction on individuals suicide attempts				
Mother's addiction		**Father's addiction**		**The impact of parents' addiction on suicide**
percent	**number**	**percent**	**number**	
0	0	19.04	4	**have**
90.47	19	80.95	17	**Doesn't have**
9.52	2	0	0	**Without response**
100	21	100	21	**Sum total**
Most people who has attempted suicide, no addiction was seen in their parents.				

The status between child abuse (economic, sexual and physical abuse) by parents or others

and suicide		
percent	**number**	**Sexual abuse by parents or others** **یا دیگران**
47.6	10	**had**
52.38	11	**Didn't have**
100	21	**Sum total**
percent	**number**	**Sexual abuse by parents or others**
19.04	4	**had**
76.19	16	**Didn't have**
4.76	1	**Without response**
100	21	**Sum total**
percent	**number**	**Doing a work by force**
42.58	9	**done**
47.6	10	**Haven't done**
9.52	2	**Without response**
100	21	**Sum total**
In terms of the situation of child abuse by parents or others and suicide it can be concluded that suicide attempters haven't been under physical and sexual abuse and also they haven't been forced to do a work.		

The situation of suicide attempters according to violent relationship of parents and also the relationship between the sense of belonging and emotional ties with family members and suicide.				
Mother's behavior in the family		**Father's behavior in the family**		**Violent relationship of parents**
percent	**number**	**percent**	**number**	
23.8	5	19.04	4	**Good and very**

				good
33.33	7	33.33	7	**normal**
42.85	9	47.6	10	**Bad and very bad**
100	21	100	21	**Sum total**
Life weariness due to mother's behavior		Life weariness due to father's behavior		**Violent relationship of parents**
percent	**number**	**percent**	**number**	
42.85	9	38.57	6	**High and very high**
23.8	5	28.57	6	**Medium**
19.04	4	23.8	5	**Low and very low**
14.28	3	19.04	4	**none**
100	21	100	21	**Sum total**
The highest suicide attempts level has reported in families that parents' behavior is in the bad or very bad and also the highest statistic of this phenomenon is reported in high and very high level because of life weariness due to parents' behavior.				

The motivation of suicide attempters

Sum total		**female**		**male**		**The motivation of suicide**
percent	**number**	**percent**	**number**	**percent**	**number**	
4.8	1	4.8	1	0	0	**Physical illness**
57.14	12	28.6	6	28.6	6	**Educational failure**
33.33	7	4.8	1	28.6	6	**Job and unemployment problems**
23.8	5	14.3	3	9.5	2	**Forced marriage**
71.4	15	38.09	8	33.33	7	**Failure in love**
52.4	11	23.8	5	28.6	6	**Family disputes**
28.6	6	14.3	3	14.3	3	**Marital discords**
19.04	4	14.3	3	4.8	1	**Sexual problems**
33.33	7	28.6	6	4.8	1	**Poverty**

19.04	4	0	0	19.04	4	**Addiction**
57.14	12	38.09	8	19.04	4	**Lack of giving love from parents and spouse**
61.9	13	33.33	7	28.6	6	**Discrimination between children**
66.7	14	38.09	8	28.6	6	**The feeling of emptiness and purposelessness**
85.7	18	47.6	10	38.09	8	**Feelings of fear, anxiety and discomposure**
52.4	11	33.33	7	19.04	4	**The feeling of revenge of the parents or spouse**
9.5	2	4.8	1	4.8	1	**divorce**
4.76	1	4.8	1	0	0	**Age gap in marriage**
47.6	10	19.04	4	28.6	6	**Heavy monitoring and controlling and high limitation by parents or spouse**
According to the findings, among suicide attempters in both sexes (male and female) the feeling of fear and anxiety has the highest average as a motivation for suicide.						

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